

THREE WALKS IN NEWPORT PEMBROKESHIRE



Pembrokeshire Greenways
Lonydd Glas Sir Benfro

*Naws am Le
Sense of Place*

PLANED

GREENWAYS

One in a series of free publications that detail walks which are accessible by public transport.

Other titles are available from local Tourist Information Centres, www.planed.org.uk or 01834 860965.

Area Guides

Walk & Ride, Explore Pembrokeshire by Rail, The Landsker Borderlands, South of the Landsker, the Secret Waterway, Coastal Splendour and Hidden Heritage.

Walking Guides

Angle Peninsula Walks, All Saints Walks, Canaston, Minwear Woods & the Knights Way, Guided Walks from Railway Stations, Lampeter Vale Walks, Llawhaden Walks, Narberth Country Walkers, the Miners Walk and the Ritec Valley Walk.

Details of walks can also be found on:

www.pembrokeshiregreenways.co.uk

GETTING TO AND AROUND THE NEWPORT AREA BY PUBLIC TRANSPORT

Buses

412 Haverfordwest/ Letterston/ Fishguard/ Newport/ Cardigan

405 (Poppit Rocket) Fishguard/ Pwllgwaelod/ Newport/Moylgrove/ Poppit/ St.Dogmaels/ Cardigan

Preseli Green Dragon Bus 0800 783 1584

Newport/Rosebush/Maenclochog/Mynachlog-ddu/Crymych.

Information from Public Transport Information Cymru 0870 608 2608 and Richard Bros 01239 613756

Trains

Nearest stations are Fishguard Harbour & Haverfordwest.

Information from National Rail Enquiries 08457 48 49 50.

Text Phone 0845 60 50 600

COAST & MOUNTAIN WILDLIFE

Flowers - snowdrop, wild daffodil, primrose, gorse, orchids, campion (red, sea & bladder), stitchwort, bluebell, thrift,

wild garlic, dog violets, foxgloves, sundew, tree mallow, honeysuckle, lichens, bell heather, heather ling, cross-leaved heath, western gorse.

Birds - redshank, curlew & other winter waders; winter ducks, e.g., teal, widgeon, golden eye, breeding shelduck; kingfisher, heron, gulls, fulmar, cormorant, oystercatcher; stonechat, linnet, wheatear; raven, skylark, buzzard, kestrel, peregrine; rare little egret, chough & red kite.

Butterflies - painted lady, small tortoiseshell, peacock, red admiral, small blue.

Mammals - fox, badger, grey squirrel, rabbit, hare, north atlantic grey seal, harbour porpoise, otter.

Autumn harvest - elderberries, bilberries, rowan berries, blackberries, sloes, hazel nuts, wild plums, hawthorn berries, rosehips.



Fulmar

WALKING AROUND NEWPORT

Three circular walks. The shortest walk is within the town with good walking surfaces. The other two walks require good walking shoes and can be muddy in wet weather. Ordnance Survey Explorer OL35 or Landranger 145 is necessary for walks B & C.

Walk A Town Walk. Long Street Car Park, through town and back. 3m/5km. 2.5 hrs. Generally flat along roads, lanes and footpaths with no steep inclines. Boots are not required.

Walk B Coastal Walk. Long Street Car Park, Mill Lane, Hill House, Cattle Pound, Hendre, Aber Rhigian, Parrog, Long Street Car Park. 4.6 m/7.5 km. 3 hrs. There are 6 stiles (dog passes on all stiles), 4 gates, 4 footbridges, steep steps at Aber Rhigian. Can be muddy around Hendre. Shorter walk (avoiding steps) is shown on the map. Total ascents and descents 1140ft/342m.

Walk C Mountain Walk. Long Street Car Park, Mill Lane, Hill House, Carn Ffoi, Bedd Morris, Sychbant, Dolrannog Isaf, Long Street Car Park. 8.5 m/13.7 km. 5 hrs. 2 stiles (no dog passes), 6 gates, 1 stream crossing. Total ascents and descents 2572ft/1770m. Walk provides mix of moorland and valley scenery and excellent views from Carn Ffoi. Optional route over Carn Ingli summit (1159 ft/347m) has panoramic views, involves rock scrambles and steeper gradients; allow extra ¾hr; adds 2 stiles and 3 gates.

Facilities within Newport

Shops, refreshments, bank, post office, health centre, accommodation, information, toilets and car parks.

POINTS OF INTEREST

Newport was incorporated as a Norman borough around the beginning of the C13th. The Court Leet still meets and recommends the town mayor for appointment by the Barony of Cemaes. The Beating of the Bounds takes place in August.

1. Tabernacle Methodist Church - built 1815 when the Methodists seceded from established church; Bank Cottages, including the Tourist Information Office, were part of a stable.

2. Yr Hen Gastell - possible site of Iron Age fort or motte & bailey earthworks. Long Street had 88 burgages in 1434.

3. Lime kiln to be seen across river, near site of C16th Morfa Quarter (the poorer part of town) and C18th shipbuilding.



**6-7th century
stone pillar**

4. **Newport Bridge** - existed as far back as late C13th. When the bridge was demolished in C16th, an alternative crossing on stepping stones was made on the east side of the bridge.

5. **Carreg Coetan Arthur** - Neolithic burial chamber (cromlech), built 3500 BC, contemporary with possible transportation of the Preseli bluestones to Stonehenge.

6. Site of **Board School** - opened 1874; closed 1993; now a youth hostel and eco and business centre.

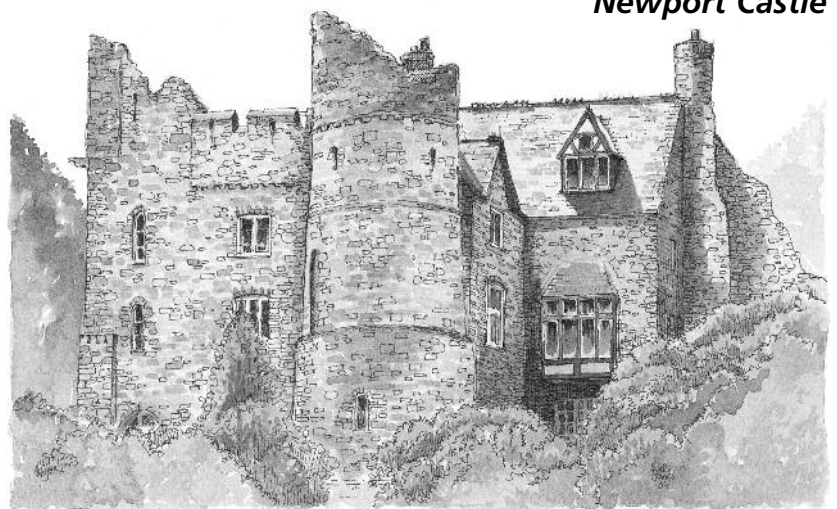
7. **Ebenezer Chapel** - Independent chapel built to house 750 worshippers.

8. **Church chapel** - built 1799 and used by Methodists; Plygain service still held here in the early hours of Christmas morning.

9. **St Mary's Church** - C7th church dedicated to St Curig; rebuilt by Normans early C13th and renamed St Mary's; extensively renovated 1878-1879; note C6th-C7th stone pillar near the west door.

10. **College Square** - plaque to commemorate the site of Madam Bevan's circulating school established in 1809.

11. **Newport Castle** - built by Norman Marcher lords in the Barony of Cemaes; destroyed twice by Llywelyn ap Iorwerth & Llewelyn ap Gruffydd; attacked by Owain Glyndwr; C19th conversion to private residence.



Newport Castle

12. **Castle Mill** - Marcher cornmill, driven by water from the castle moat; **Pont Henrietta Mair** commemorates the wife of Sir

Thomas Davies Lloyd; inscription 'Y gwir yn erbyn y byd' (Truth conquers all) is the maxim of the Gorsedd of the bards of the National Eisteddfod.

13. **Mill Lane Baptistry** - used by the nearby Bethlehem Chapel.

14 & 15. C16th woollen factories and mills.

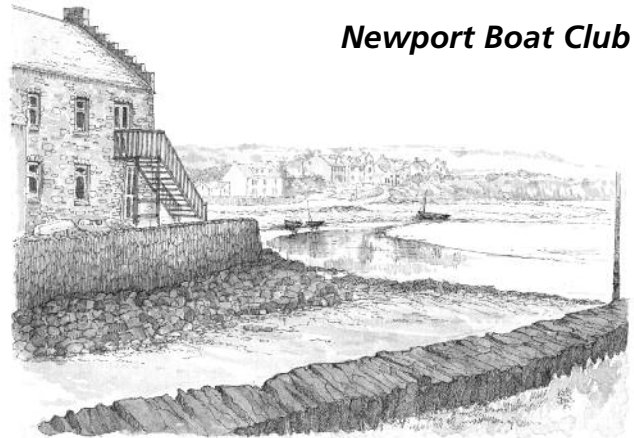
16. **Bethlehem Chapel** - 'Capel y Bont' because of its proximity to the bridge over the millstream; built to accommodate 600 people.

17. **Newport Pottery** - C16th malt house; later an agricultural co-operative depot.

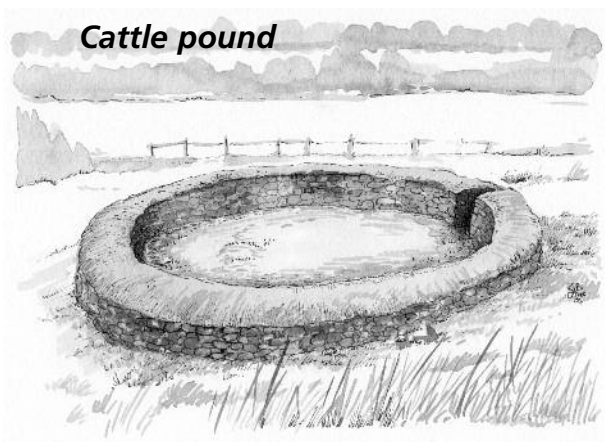
18. Parrog - site of fishing village until C18th commercial development; exports of herring, wool and slate; imports of coal, culm and limestone; houses date from C19th development as a retirement & tourist attraction.

19. Dry stone slate quay walls - built early C19th; at least 5 storehouses (now occupied by **Boat Club**) & 3 limekilns built in the C18th; fine double limekiln & lime burner's cottage survive.

20. Cattle Pound - historic pound for stray animals released on the payment of fee.



Newport Boat Club



Cattle pound

21. Old Lifeboat Station - opened 1884; silting of river led to its abandonment within 20 years.

22. Carn Ffoi - Iron Age hill fort & hut circles.

23. Bedd Morris - Bronze Age standing stone and parish boundary.

24. Penlan Plantation example of coniferous woodland being returned to heathland under a restoration plan.

25. Gwaun Valley - prime example of Ice Age glacial melt-water channel; local people still celebrate the new year according to the Julian calendar.

26. Carn Ingli - 'Mount of Angels' visited by St Brynach; setting of the Angel Mountain historical saga; panoramic viewpoint. Iron Age fort (800BC - AD50) with considerable fortification and hut circle remains.



Carn Ingli

Country Code

Respect • Protect • Enjoy

- Be safe - plan ahead and follow any signs.
- Leave gates and property as you find them.
- Protect plants and animals, and take your litter home.
- Keep dogs under close control.
- Consider other people.

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